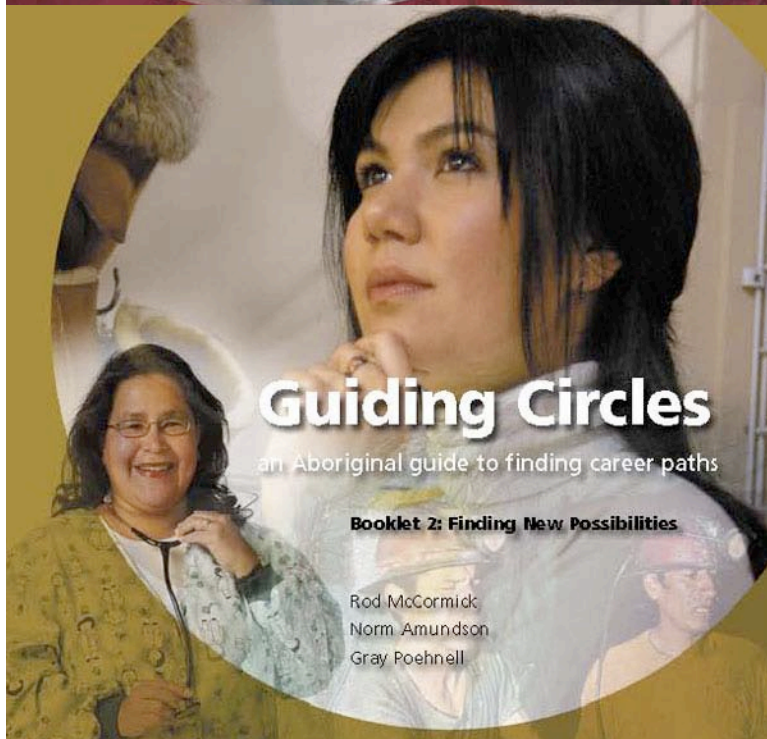


Guiding Circles

an Aboriginal guide to finding career paths

Booklet 1: Understanding Yourself

Rod McCormick
Norm Amundson
Gray Poehnell



Guiding Circles

an Aboriginal guide to finding career paths

Booklet 2: Finding New Possibilities

Rod McCormick
Norm Amundson
Gray Poehnell

Guiding Circles

TDSB Sector Council Project


Aboriginal Human Resource Council

Lorna McPherson
Program Coordinator - Guidance

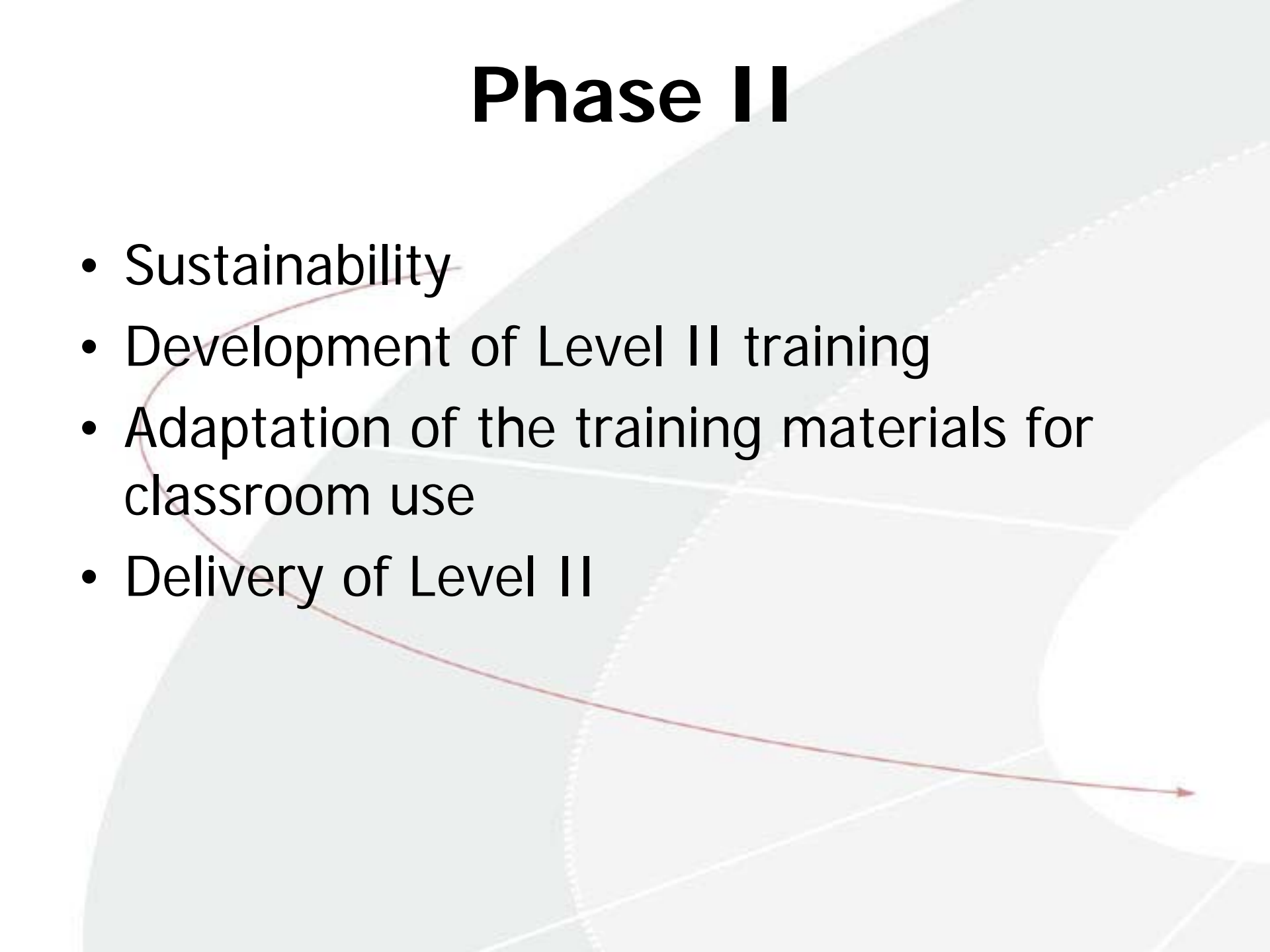
Goals of the Project

- Purpose
 - Outcome
 - Career Development – the Guidance Connection
- 
- A decorative background featuring a large, curved red arrow pointing from the left side towards the right. A dotted white line also curves across the background, starting from the top right and moving towards the bottom left. The overall design is minimalist and modern.

Phase I

- Development of Partnership
 - Initial Teacher Training, Resource Development & Quadrant Pilots
- 

Phase II

- Sustainability
 - Development of Level II training
 - Adaptation of the training materials for classroom use
 - Delivery of Level II
- 

Why Guiding Circles?



**How to bring
HOPE for the
future to
everyone!**


Addresses 4 Challenges:

1. need for culturally sensitive tools and processes
2. sense of disconnection with the mainstream world of learning and work
3. lack of positive focused self-reflection
4. inhibitions because of enculturated humility

Guiding Circles Provides

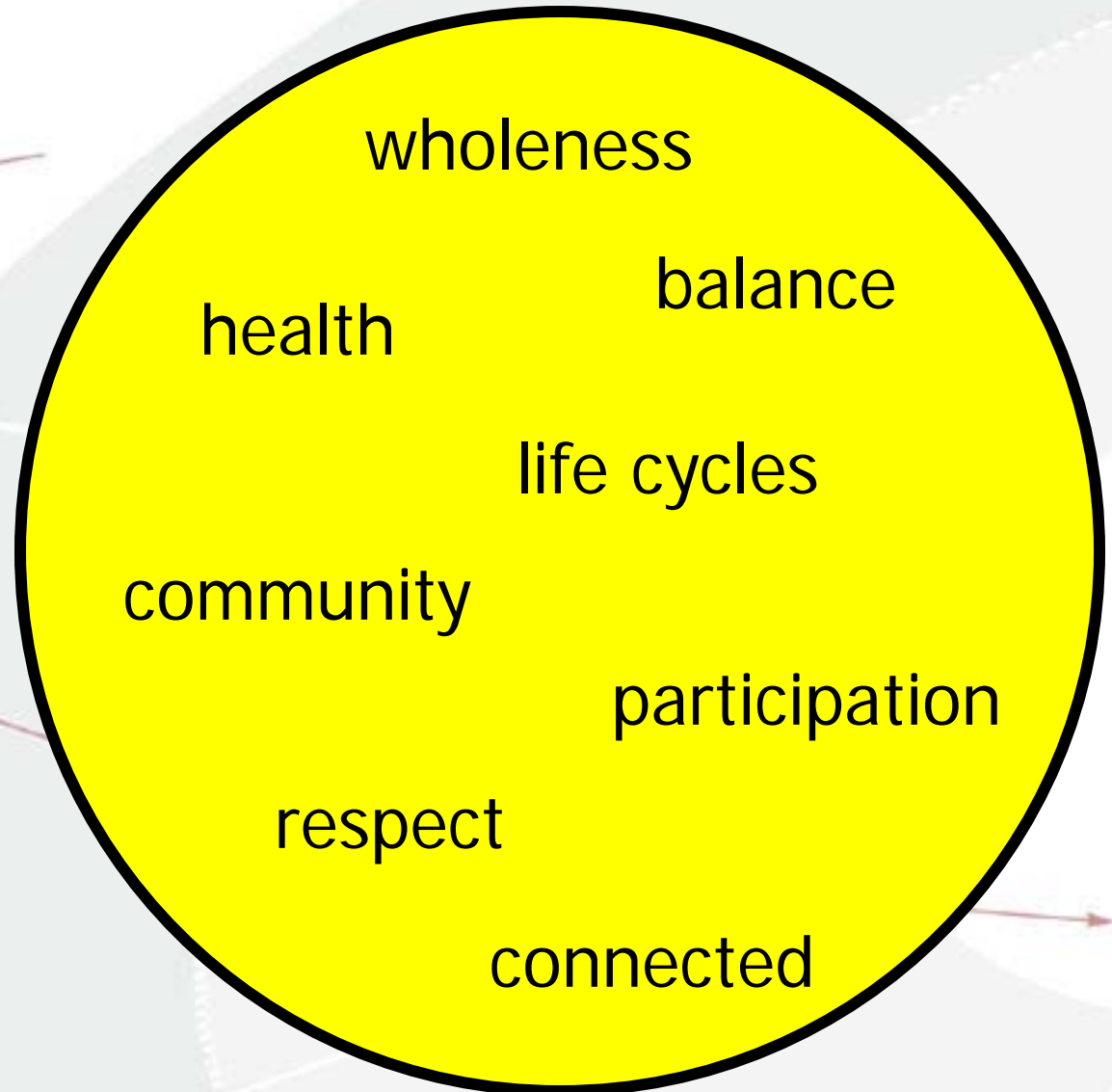
- Story-telling
- Active engagement
- Positive Self-reflection
- Challenges Convention
- Cultural Sensitivity
- Makes Connections

....using the circle metaphor



The Circle Metaphor

- symbol that has many connections
- never ending
- many logos



DIVERSITY of LEARNERS

- Demographics
 - New Canadians
 - School-to-work students
 - "at-risk"
 - male/female
 - culture
 - community

How do bring **HOPE** for the future
to everyone!

Challenge our Personal Conventions

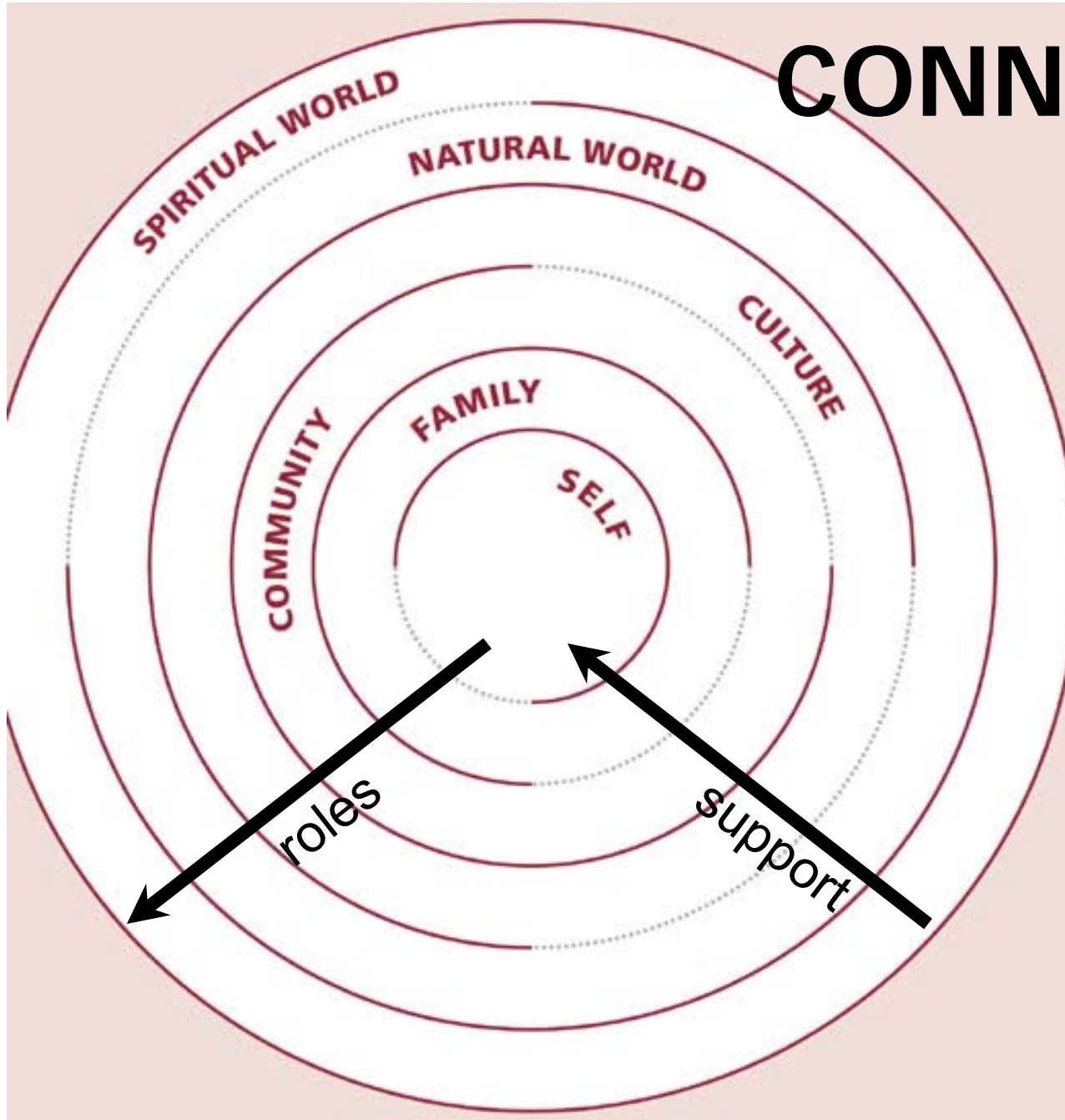


- **DON'T SEE WHAT IS ACTUALLY THERE ...**

- ... educational system is geared toward teaching people to find “the correct answer”
- “the right answer” approach becomes ingrained in our thinking
- In mathematics there is in fact only one right answer ... but most of life isn't this way
- **Life is ambiguous; there are many right answers – depending on what you are looking for**

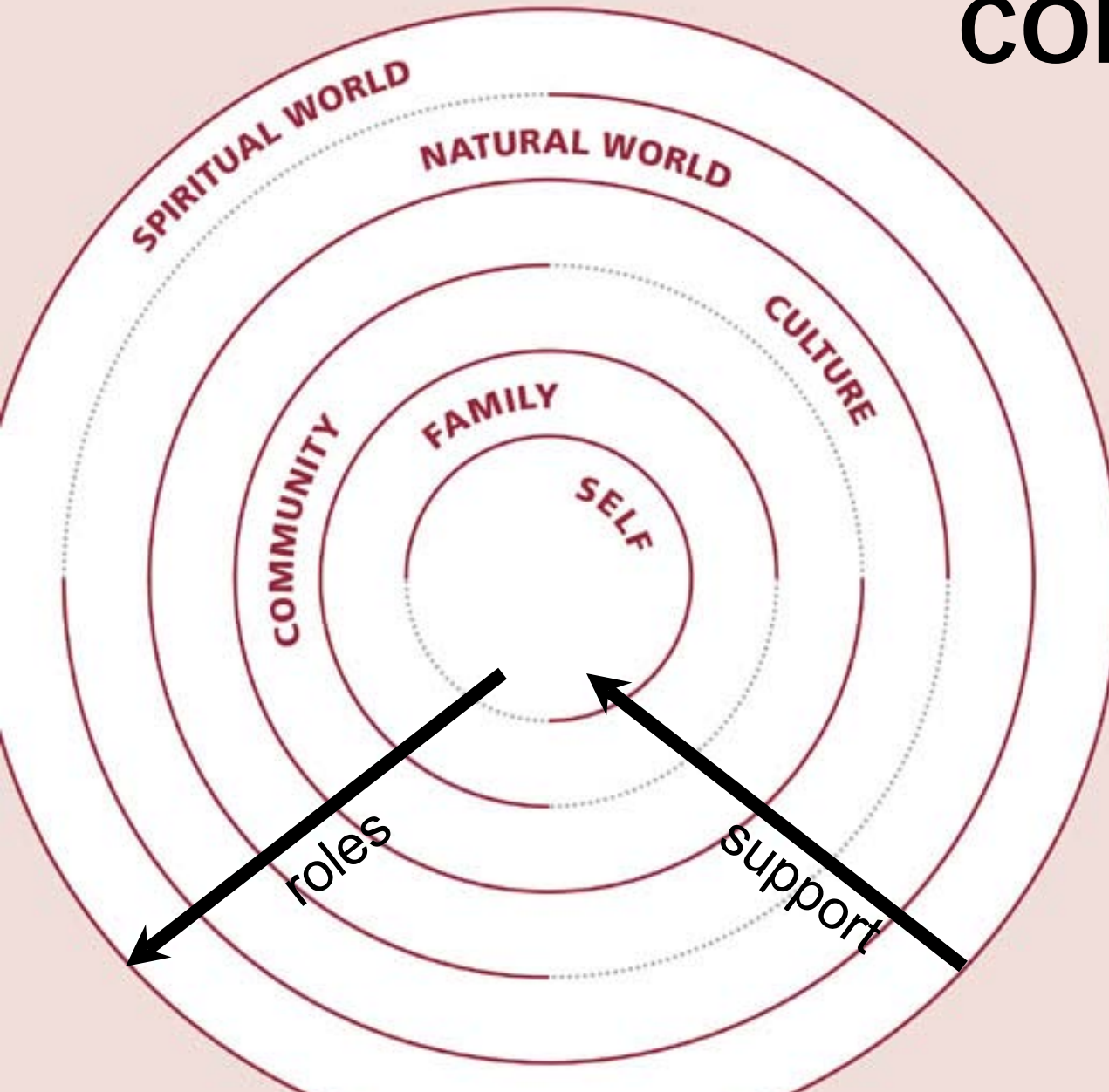
CONNECTIONS CIRCLE

Relationships
within SELF



POSSIBILITIES!

CONNECTIONS



Brainstorm:

- People?
- Activities?
- Places?
- Concepts?
- Things?

FAVOURITE THINGS

The Favourite Things circle helps to identify what students like to do.

1. *Things I like to do?*

2. *How long ago?*

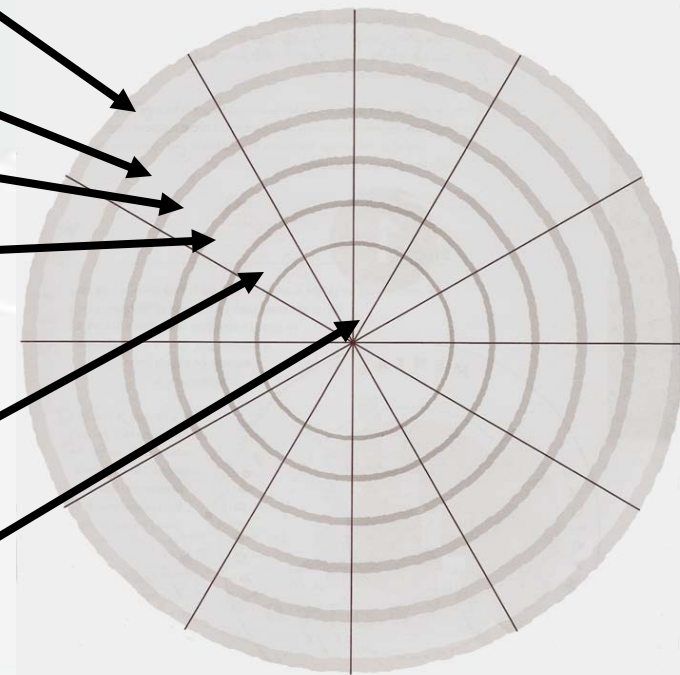
3. *Cost?*

4. *Planned or Spontaneous?*

5. *Alone or with someone else?*

6. *Mind, Body, Spirit, Emotion, or combo?*

Don't have to be good at it ... just do it!!!



POSITIVE SELF-REFLECTION

**** challenge ****

- Where can you connect it?

- ... curriculum

- ... intentional teaching

- ... classroom management

- ... character development


- ... learning skills

- ... positive self-reflection

Story Telling – What's in a story?

- Subjective -- **"It's mine!"**
- "I" interpret what my experiences mean -- figure out the purpose, meaning, significance of my **past** and use this to **design** and shape **my future**
- Recalling times when I felt joyful, alive, excited, grateful, proud, happy, ... help me to select, build or create similar opportunities for my future

Storytelling:

- Engages people emotionally
 - Equally important to the telling of the story is the listening to the story
 - Facilitates self discovery
- 
- A decorative background featuring a large, light blue, curved shape on the left side. A red arrow starts from the left and points towards the right, passing through the text. A dotted white line also curves across the background from the top right towards the bottom left.

Some Stories

The background features a large, light blue, curved shape that resembles a stylized letter 'C' or a partial circle. A white circle is positioned on the right side of the image. A red arrow originates from the text 'Some Stories' and points towards the white circle. The overall composition is minimalist and modern.

SPORTS

confidence

champ


my good friends

GEORGE

RYAN JENSEN

saige

car




MUSIC

ROCK STAR



animal lover

thing



ANDY



JIN - MO



MOTHERSHIP



WISPS

GAMES



MUSIC



Palsuz



CANDY

FOOD

Ultimate Hero

ROCK STAR



feeding frenzy

most precious possession

ambulance

home away from home

incunates



unit

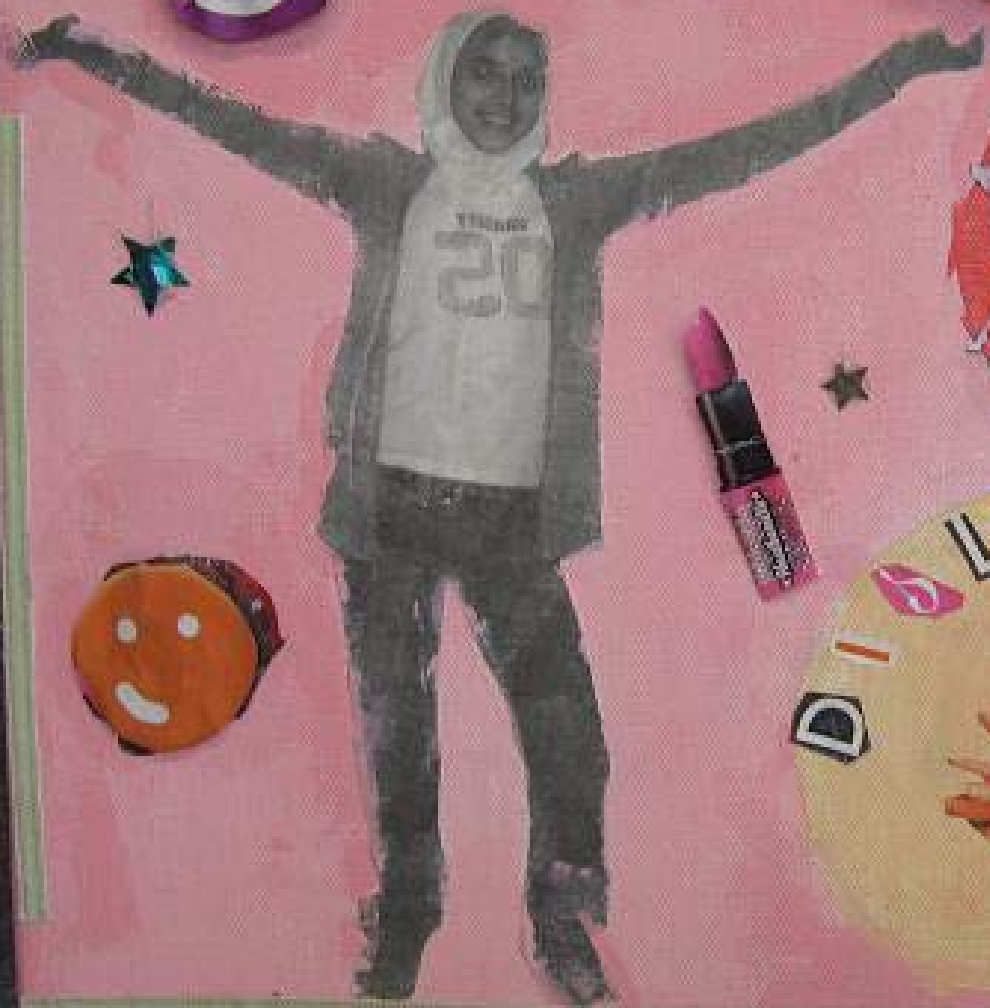
the best things in life

go for the gold



M A Y S S A

Hobbies
Swimming
Pets
Friends
and
Soccer



memorable
moments you'll never forget

LIFE

IS SWEET



FRIENDS



A B E L A S H A

ALI



SPORT E

music E

GAMES 4

WATCHES 3

2

1

CAR E

gold

gold

Guiding Circles 8 Key Themes

1. Challenges for ALL students
2. Active Engagement
3. Expanding the Circle
4. Identity clarified through 2 key circles ...

CAREER CIRCLE

CONNECTIONS CIRCLE

5. Wholistic life/career development
6. Values and Life Balance
7. Career Craft
- 8. Creative Decision/Action Planning**

**need to walk in the realities
of life's uncertain journey**

H

Dream what you want to dream;
Go where you want to go;
Be what you want to be,
Because you have only one life
And one chance to do all the things
You want to do.

O

May you have enough happiness to make you sweet,
Enough trials to make you strong,
Enough sorrow to keep you human and
Enough hope to make you happy.

P

The happiest of people don't necessarily
Have the best of everything;
They just make the most of
Everything that comes along their way.

E

You can't go forward in life until
You let go of your past failures and heartaches.

S

D

R

E

A

M

S